

Join the Sterling

Silver Knights

Marching Band & Color Guard!

Learn to play, spin, perform and have fun!

Marching Bands & Color Guards can be found in most high school & colleges. We offer our own scholarship and in college, most marching band programs offer scholarships to members with high school experience. Our award winning Sterling HS Marching Band Program is the perfect way for any student to get prepared for the college opportunity and also develop coordination, social, and leadership skills through musical and visual performance.

In *The Arts: An Essential Ingredient in Education*, J. Buchen Milley states that "research shows that when arts are included in the student's curriculum, **reading, writing and math scores improve**. Like all arts, music has a profound effect on the academic success of the student. Band and Color Guard is a group effort. Members are required to shift from an I/Me reasoning to a We/Us concept.

Band/Color Guard builds positive self-worth. Although we share many similarities with our athletic counterparts, band/guard has a place for everyone. Rarely is a person serving as an alternate or substitute. Everyone in the band plays a starting role.

The Color Guard utilizes tossing and spinning of flags, sabers, and rifles, as well as different styles of dance. The guard uses this choreography and equipment for added visual appeal during a marching band show, creating a complete musical and visual production.

The marching band and color guard perform during Sterling football games at halftime, local parades, and at competitions in the Cavalcade and Tournament of Bands circuits.

SHS Marching Band & Band Camp is lead by Director Steve Goldeck, assisted by his excellent and experienced staff. Interested in color guard or never marched before? It's no problem, **WE WILL TRAIN!** No marching or color guard experience necessary! However, musicians should have some playing experience.

We hope you'll be part of our program; it's a great way to make new friends and experience new and fun things. Parents and student's grades **7** thru **12** are cordially invited to our "Meet & Greet" Ice Cream Social on Thursday, **May 24 @ 7pm** in the SHS Band Room.

You can also inquire about membership anytime by emailing the Band Director at SGoldeck@sterling.k12.nj.us

It will be one of the most rewarding experiences of your lifetime!

Go Knights!